YDI Youth Development Instrument

SFU

CHART CAPTURING HEALTH AND RESILIENCE TRAJECTORIES

Important Links

CHART Lab Website
for more information about the YDI, please visit:
chartlab.ca/about-ydi

The YDI at a Glance

- a self-report survey gathering youth voices ages 15 to 18
- developed collaboratively with youth, researchers, educators, and health professionals
- offers valid and reliable data on youth's development, health, and well-being to support action aimed at creating conditions in which youth can flourish
- aligns with BC Mental Health in Schools Strategy

YDI Team Contact:
ydi@sfu.ca

Dr. Hasina Samji
(YDI Principal Investigator)
hsamji@sfu.ca

District Contact:

The YDI is Coming to Your School!

Your district has partnered with the Capturing Health and Resilience Trajectories (CHART) Lab at Simon Fraser University to measure and promote youth's health and well-being and assets through the Youth Development Instrument (YDI).

Please Keep in Mind...

1. The YDI is voluntary. Students, parent/guardians, teachers, and schools are free to withdraw from participating.
2. YDI data will be provided to your school in a School Report, followed by a District & Provincial Report.
3. The YDI is a population-level tool - not an individual assessment.
4. Youth's voices matter. The YDI lets youth know that we value their thoughts and feelings, and provides and opportunity for self-reflection.

SEE NEXT PAGE FOR TIMELINE

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Timeline & Checklist

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CHART Lab Website
for more information about the YDI
chartlab.ca/about-ydi

Previous YDI Reports
to see previously published reports:
chartlab.ca/about-ydi/reports/

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hsamji@sfu.ca

District Contact:

NOV/DEC

- [ ] Have the appropriate designate sign and return the Information Sharing Agreement
- [ ] Assign a YDI champion (point of contact for survey administration) and let the YDI team know who this is.
- [ ] Inform Parents/Guardians! Distribute Parent/Guardian Passive Consent Forms at least 4 weeks before survey administration.
- [ ] Schedule your YDI administration and room/equipment bookings (e.g., computer lab or laptops classrooms) between **January 16th & March 31st**. Students can also complete on their own personal devices.

JAN-MAR

- [ ] Attend training webinar before your survey administration on **Jan. 10, 2023 from 3:15 to 3:30** or **Jan. 12, 2023 at 3:15 to 3:30.** To sign up, visit: https://www.surveymonkey.ca/r/ydi_training.
- [ ] Review the YDI Administrator Guide and read through the YDI survey (provide link to survey)
- [ ] Let students know about the YDI one week in advance of survey administration (see Administration Guide for more info).
- [ ] Print out class lists with students' Personal Education Numbers and "More about the YDI" slips one week before administration.
- [ ] Administer the YDI. Students complete the survey in class using a link to the online survey. The survey takes approximately 35-45 minutes. See Instructional Survey for more information.
- [ ] Follow-up with any student help requests.
- [ ] Complete the Survey Administrator Feedback Form

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- [ ] School reports are released and returned to you.